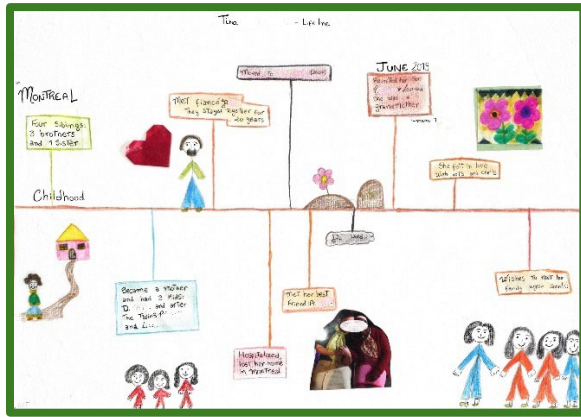


The Experiences of social exclusion and inclusion among people aging with neurodiversity and their families

Ideas to help you create your own Life Line or Care Line



Example Lines:



Prompts: When you share your story, think about...

Times: When things happened... Like, for example:



When I was born



As a child



As a teenager



As an adult



Now: getting older

Places: Where you were when it happened...



Where you lived – at home or in a residential resource



At school or work



At a community organization

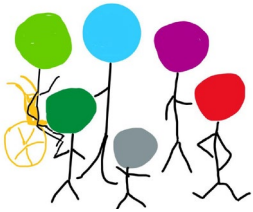


At a service

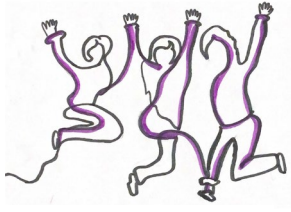


Somewhere else

People: Who is important to your story...



Family member(s)



Friend(s)



Animal(s)

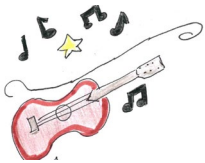


Worker(s)



Someone else

Activities: What you like to do or what you enjoy...



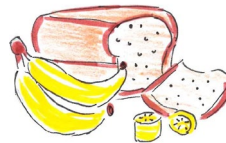
Music



Movies



Art



Food



Something else?

Feelings: How you feel/felt about the things that happened or the people you were with...



Glad



Sad



Mad