

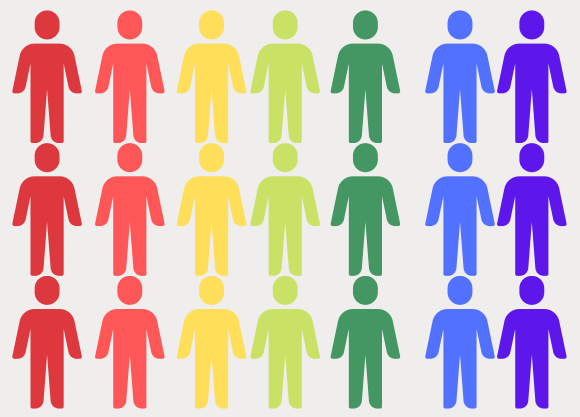


# The experiences of social exclusion and inclusion among people aging with neurodiversity and their families (2020-2024)

Our research project explores experiences of social exclusion and inclusion among neurodiverse older adults and their family caregivers in Montreal and Quebec City. Our goal is to collect people's stories about their lives; their experiences of growing older; their housing realities, needs, and wishes; their experiences with health and social services; and their social networks and supports. We will also speak with service providers to gain their perspectives on the realities and challenges facing older adults living with neurodiversity and their family caregivers.

## Neurodiversity

is a term developed by disability rights communities that has started to gain recognition in sites and sectors of health and social care. Neurodiverse people include those living with intellectual and developmental disability, autism, cerebral palsy, fetal alcohol spectrum disorder, Down syndrome, among other conditions.



## Social Exclusion

Neurodiverse older adults and their aging family carers face significant social exclusion throughout their lives. Interlocking oppressions are implicated in creating unequal conditions that negatively affect their health and well-being, social inclusion, and agency.

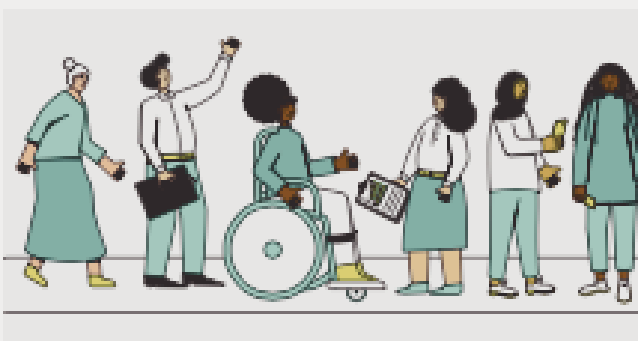
## Our Objectives

1. To develop recommendations that are grounded in people's experiences and perspectives.
2. To contribute to the development of inclusive policy and practice across sectors.
3. To advocate for programs and policies that better address the realities of, challenges facing, and agency enacted by neurodiverse older people and their family caregivers.



## We are talking with...

- Older adults (50+) living with neurodiversity
- Family caregivers (parents and siblings)
- Service providers within public sector services and community organizations



[www.creges.ca/en/aging-neurodiversity](http://www.creges.ca/en/aging-neurodiversity)