

CREGÉS

Annual Report 2022–2023

The Centre for Research and Expertise in Social Gerontology (CREGÉS), a designated University-Affiliated Centre, is part of the Directorate of Academic Affairs and Research Ethics at the Integrated Health and Social Services University Network for West-Central Montreal (CIUSSS West-Central Montreal). The CREGÉS brings together research, professional practice and community action around a common goal: improving the practices, services and policies affecting older adults.

This mission is built on four key pillars:

- ✓ Developing social research
- ✓ Enabling knowledge transfer and mobilization
- ✓ Establishing, testing and validating innovative and leading practices
- ✓ Training the next generation of social gerontology researchers

Who are we?

1 scientific director	1 program manager	27 university researchers	4 research practitioners	21 staff members	96 students
---------------------------------	-----------------------------	-------------------------------------	------------------------------------	----------------------------	-----------------------

- 5** research axes
- Seniors as social actors
 - Heterogeneity of aging: bodies, identity and society
 - Service delivery to seniors and their loved ones
 - Living environments
 - Public policy in social gerontology (transversal axis)

- 4** Domains of Expertise
- Inclusive Aging, Diversity, Health and Well-Being
 - Caregiving
 - Countering Mistreatment of Older Adults
 - Palliative Care

Research activities

102 projects financed

24 new | 29 completed | 49 in progress

\$43,621,934 in external subsidies

\$15,970,437 as principal investigator
\$27,651,497 as co-investigator

3 research start-up grants awarded by the CREGÉS

Innovative and leading practices

The CREGÉS is grounded in strong partnerships between scientific, clinical and community sectors as well as direct connections with older adults. With this in mind, the CREGÉS prioritizes developing innovative and leading practices that will improve older adults' quality of life and the the services they use.

● Number of practices



Knowledge transfer and mobilization

84 publications

- 50 scientific articles
- 1 book
- 12 book chapters
- 12 research reports

- 4 conference proceedings
- 2 articles in non-peer reviewed professional or cultural journals
- 3 guides and tools

Events

130 lectures and presentations

- 3 Conférences CREGÉS
- 85 scientific conferences
- 42 conferences for practitioners and the general public

2 CREGÉS colloquia in partnership

2 podcast launches

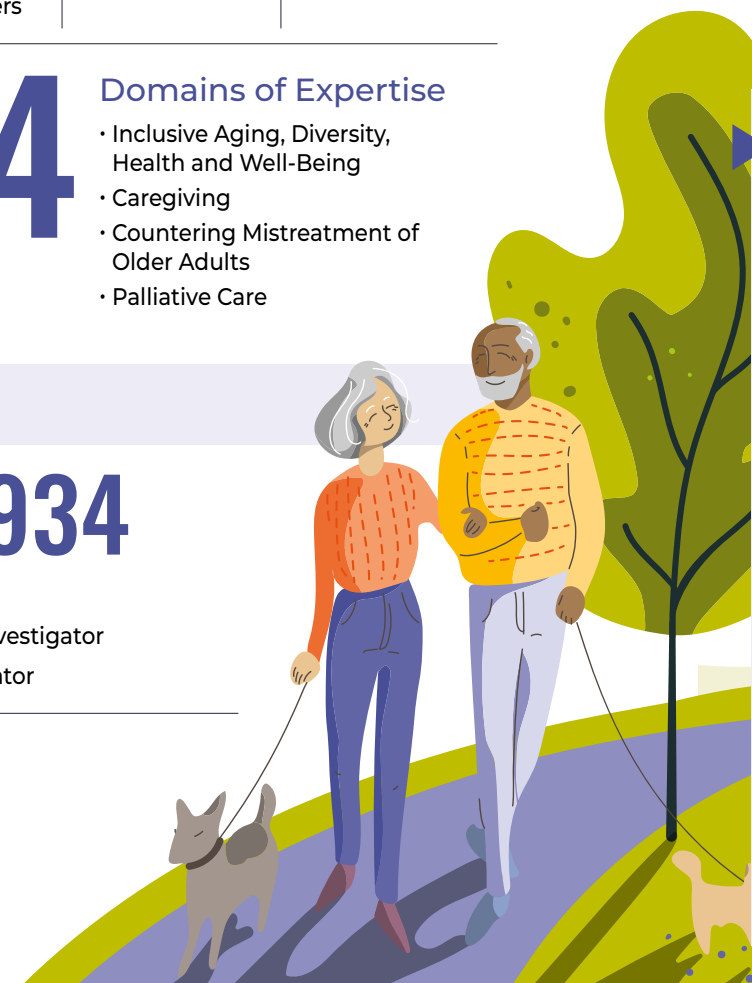
Training courses

Ministry of Health and Social Services (MSSS) continuing education online platform

- 2 new training programs
- 3 updated training programs
- 44,000 participations across our 9 available training programs

25 training sessions offered by our research practitioners

11 workshops and clinical discussions



Expert consultations

Our members are regularly called upon to serve as expert consultants on social gerontology projects and initiatives across a wide range of collaborative settings. Through its varied expertise, the CREGÉS supports the development of public policies and programs that sustainably improve the quality of life of older adults and their caregivers.

Consultations by field



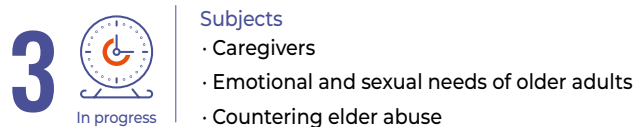
Total: 56

● Number of consultations

Ministry mandates

Due to its expertise, the CREGÉS is granted several mandates entrusted by the MSSS to the CIUSSS West-Central Montreal. These mandates implement measures from various action plans aimed at improving the quality of life of older adults.

Mandates



Funding received:
\$7,365,960

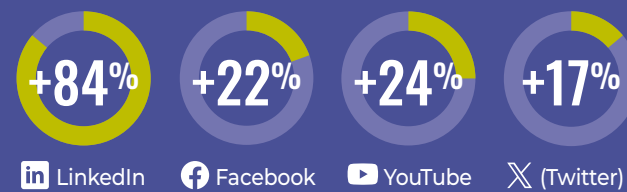
Outreach

11 newsletters sent to **3,400** subscribers

38 media appearances by our members

5,273 views on our **131** videos, webinars and workshops

Growth in our social media following this year



25 new pages on creges.ca
· Including a redesigned portal for our [Domain of Expertise in Caregiving](#)

24,277 visits to our website, including close to **9,000** first-time visitors

Support for emerging researchers

Activities offered by our members to train the next generation of social gerontologists, clinicians, professionals and researchers:



CREGÉS support for emerging researchers:

4 Research assistant contracts offered to students through start-up funds
Funding provided: **\$15,000**

2 Grants to participate in a scientific conference aimed at students
Funding provided: **\$3,500**

3 Scholarships
Funding provided: **\$6,000**

Distinctions



Sarita Israel

Sarita Israel, coordinator of the CREGÉS Domain of Expertise to Counter Mistreatment of Older Adults, was awarded the CIUSSS West-Central Montreal's Award of Excellence for her 30 years of outstanding service.



Daniel Béland

Daniel Béland, a CREGÉS researcher, obtained the McGill University 2022 Principal's Prize for Public Engagement Through Media for Established Academics, which underscores his extensive presence in local, national and international media.

Appointments

This year, the CREGÉS welcomed three new members:



Meghan Joy

Associate Professor at Concordia University in the Department of Political Science. She is interested in the politics of aging, public policy, age-friendly cities, and changing relations between the state and nonprofit organizations.



Élise Milot

Full Professor at Université Laval in the School of Social Work and Criminology. Her research interests include the social inclusion of older people with intellectual disabilities, family support, differently abled people and participatory research.



Sabrina Lessard

CREGÉS institutional researcher. She is interested in the social practices of death and dying, diversity, as well as living, ageing and treatment quality in institutional settings.

Congratulations to:



Isabelle Wallach

CREGÉS researcher for her appointment as head of the research team VIES (*Viellissements, exclusions sociales et solidarités*).



Mélanie Couture

CREGÉS researcher for her appointment as Chairholder of the Université de Sherbrooke's Research Chair on the Mistreatment of Older Adults.

Conclusion

The CREGÉS is proud to present the results of another successful year of research and knowledge transfer. In the coming year, we look forward to continuing our efforts to mobilize those involved in research and practice to work together to improve services for older adults in our society.

For details on our activities in 2022–2023, please refer to the Appendices of this report [here](#).

Contact us

CLSC René-Cassin
5800 Cavendish Boulevard, Suite 600
Côte Saint-Luc, Quebec H4W 2T5
www.creges.ca

[Subscribe to our newsletter](#)

